

Parenting Websites

1. **Kids Out and About** – “An online network of local events, resources, and opportunities.”
www.kidsoutandabout.com
1. **Self Sufficient Kids** – “Trying to raise independent, self-sufficient kids isn’t always easy! We want to be supportive parents, but not take over their lives. Where’s the balance?”
www.selfsufficientkids.com
2. **NY Metro Parents** – “In print, on its website, and via social media and newsletters, NYMetroParents provides relevant, high-quality information to help local parents make better decisions. Among its the most popular features are the monthly calendar of local family events, listings of local kid-focused businesses and professionals (schools, summer camps, birthday party venues, after-school programs), and top-quality parenting news and advice on issues such as local kids’ activities, nutrition and health, education, and special needs.”
www.nymetroparents.com
3. **Love That Max** – “First came love (Dave), then marriage, then three kids (Max, Sabrina and Ben). Max has cerebral palsy. I launched Love That Max in October 2008 as an inspirational, informational, occasionally irreverent blog. Over the years, it's evolved to help people better see the ability in disability.”
www.lovethatmax.com
4. **Gentle Parenting Memes** – “Memes created by Kirsty Lee to support & inspire respectful, peaceful & responsive parenting.”
www.gentleparentingmemes.com
5. **The Inspired Treehouse** – “We are pediatric occupational and physical therapists so we are also passionate about sharing information, tips, and strategies to help readers conquer the common developmental roadblocks that come up for kids. We believe that the more parents, teachers, and caregivers know about child development and wellness, the better off kids are!”
<https://theinspiredtreehouse.com/>
6. **The Friendship Circle** – “Our goal is to provide every individual with special needs the support friendship and inclusion that they deserve.”
www.friendshipcircle.org
7. **Zylofone** – “The Zylofone mission is to encourage creativity through the arts while enhancing social skills, confidence and independence.”
www.zylofone.org
8. **The American Occupational Therapy Association, Inc.** – “Find answers and resources (tip sheets) for you to learn more about how occupational therapy can help you or your loved ones live life to its fullest.”
www.aota.org
9. **Anderson Center for Autism** – “ACA's core philosophy is that all people deserve to live a life of quality. ACA has evolved into an organization that has the expertise, resources and technology to enable the agency to contribute much toward the optimization of the quality of life of those it serves.”
www.andersoncenterforautism.org

10. **Center for Spectrum Services** – “Our vision is to be an exemplary educational, treatment, and diagnostic center, offering evidence-based programs that lead to optimal outcomes for individuals and families impacted by autism spectrum disorders. Our mission is to evaluate individual needs, develop nurturing, therapeutic learning environments for our students, and foster professional growth for our staff. We believe that family, staff, and community collaboration is the cornerstone of our success.”
<https://centerforspectrumservices.org/>
11. **Winslow Therapeutic Riding Center** – “Located on 100 acres of scenic land, Winslow’s facility is a haven for horses and humans alike. Winslow is dedicated to participants with many different injuries, disabilities, and learning challenges, as well as those who just want to learn to ride and enrich their lives. Therapeutic horseback riding produces smiles, laughter, friendship, and healing. We see children and adults every day who improve their physical, cognitive, social, and emotional wellbeing by learning to ride in our therapeutic environment.”
www.winslow.org
12. **Beautiful People, Adaptive Sports for Children with Disabilities** – “We are a community sports organization that enables joy, inspires hope, and fulfills dreams among children with disabilities and their families. We see that vision playing out in significant positive changes observed by parents as to their child’s socialization, self-esteem, coordination, agility and mobility. The mission of Beautiful People is to build bridges between children with disabilities and their families and the broader community of Orange County by providing adaptive sports for children and young adults, age 5 and up.”
www.beautiful-people.us
13. **Clarkstown Special Education Parent Teacher Association (SEPTA)** – “Clarkstown SEPTA is a district wide PTA within the Clarkstown Central School District in Rockland County, New York. We strive to bring parents, teachers and administrators together to inform, support and advocate for the unique and special needs of our students. SEPTA is dedicated to the students whose needs and requirements are outside the general education domain.”
www.clarkstownsepta.org
14. **Monroe Woodbury Special Education Parent Teacher Association (SEPTA)** – “Monroe-Woodbury SEPTA is an organization that strives to bring together parents, teachers and administrators in an effort to inform, support and advocate for the unique and special needs of our students.”
www.mw.k12.ny.us/community/pta/mw-septa
15. **New York State Department of Health** – “Local health departments prevent disease, promote health and protect the public from health problems and hazards. Do you: Need help getting your child immunized? Need to get a rabies vaccine for your pet? Feel sick after eating at a restaurant? Want to learn about the health needs in your community? Need to report a potential health violation? Looking for information on services such as Early Intervention? Contact your local health department.”
www.health.ny.gov